



People's Health Movement (PHM) and Regional Network for Equity in Health in East and Southern Africa (EQUINET)



East and Southern Africa Regional Peoples Health University
Theme: Past, present and future struggles for Health equity
29 July to 12 November 2021

PROGRAMME, 2021

WEEK 1: Introduction and overview Thursday 29 July, 1300-1515 SAT, 1400-1615 EAT¹

Convenors: R Loewenson, B Kaim, EQUINET, M Alperstein, P Khisa, PHM ESA

Aims: Introduction to PHM, EQUINET and their goals, organisation and work; Participant introductions, experiences on health equity, and expectations; Introduction to the course programme and process

| SESSION | Facilitation/ input |
|---|--|
| Brief welcome and participant introductions | Barbara Kaim, TARSC/EQUINET +participants |
| Brief introduction to why we are holding this course (its purpose) | Denis Bukenya, PHM |
| How we understand equity | Rene Loewenson, TARSC/EQUINET +participants |
| PHM and EQUINET introduction on goals, work and organisation and how each connects with the health equity agenda | Peninah Khisa PHM +participants |
| BREAK (5 min) | |
| Participant experiences on health equity, and social activism and PHM and EQUINET panel input on how their work addresses these equity issues | Denis Bukenya, Barbara Kaim Rene Loewenson + participants |
| Course overview and conclusion | Melanie Alperstein PHM and all |

WEEK 2: Political economy and reclaiming resources

Convenor: R Loewenson, TARSC/ EQUINET

SESSION 1: Tuesday 3rd August 1400-1545 SAT, 1500-1645 EAT

Aims: With Firoze Manji Daraja Press and Patrick Bond Professor, University of the Western Cape School of Government we will discuss a political-economic analysis of health and wellbeing in the region, what it implies for divergent framings of health and wellbeing, and sites of struggle against neoliberal globalisation both regarding resources available for health as well as the impact of COVID.

| SESSION | Facilitator/ Resource inputs |
|--|--|
| Brief welcome and week introduction | Rene Loewenson, TARSC/EQUINET Patrick Bond, UWC, Firoze Manji, Daraja |
| Reclaiming the resources for health- what are the resources for health and who controls them? | Rene Loewenson + participants |
| How does neoliberal globalisation affect our health? Firoze on "The state, politics and the wretched of the earth" Patrick on "Neoliberal globalisation, neocolonialism and the capitalist crisis in the region" Panel discussion and response to participant questions: Impacts and sites of struggle around political economy of health | Rene Loewenson moderating Patrick Bond, Firoze Manji, as panelists +participants |
| Panel and participant discussion: Equity issues and COVID Impacts on political- economic issues raised | Rene Loewenson moderating Patrick Bond, Firoze Manji, as panelists +participants |
| Consolidating the session; introduction to session 2 and goodbyes | Rene Loewenson and all |

¹ SAT = Southern African time, EAT = East African time

SESSION 2: Thursday 5th August 1400-1550 SAT, 1500-1650 EAT

Aims: With Mariam Mayet African Centre for Biodiversity (ACBio) on biodiversity and ecological resources for health, political economy of malaria and transnationals in industrial agriculture, gene technologies and key struggles locally to globally on them; and David van Wyk Benchmarks Foundation on transnational extractives, particularly in mining, and the struggles in the region around health and wellbeing in the extractive sector.

| SESSION | Facilitator/ Resource inputs |
|--|---|
| Brief welcome, recap of Session 1, and introduction to the session and resource people | Rene Loewenson EQUINET; Mariam Mayet, African Centre for Biodiversity, David van Wyk, Benchmarks foundation |
| Reclaiming the resources for health- Participant experiences of acting on political economy drivers of health | Rene Loewenson + Participants |
| Introduction to ecological resources, extractives and health | Rene Loewenson + Participants |
| Transnational extractives in mining, and the struggles in the region around health and wellbeing in the extractive sector. | David van Wyk |
| Political economy of biodiversity and ecological resources for health, with a focus on malaria, | Mariam Mayet |
| BREAK (5 min) | |
| 2 breakaway group discussions Room 1: Extractives with David Room 2: Biodiversity and Malaria with Mariam Dialogue with resource people and how COVID has affected the situation; Key messages on implications for health equity activism | Rene introducing David van Wyk, Mariam Mayet + participants |
| Plenary feedback: Activism on health equity around extractives and ecological resources Issues for further work and advocacy from Week 2 and conclusion | Rene Loewenson + All |

WEEK 3: Ideas of health and wellbeing, Social determinants of health and reclaiming comprehensive public health

Convenors: Masuma Mamdani, EQUINET Peter Binyaruka, Ifakara Health Institute (IHI)/EQUINET

Aims: With Shakira Choonara and Sue Godt, we will introduce the social determinants of health and equity - the idea, the framing of, and inter-sectoral approach to addressing health inequities, ideas of commercial determinants and the reality in the region, and of inter-sectoral co-financing of structural interventions. It will encourage participants to explore and share experiences based on their context, current challenges in global health (structural determinants) and to identify and advance advocacy

SESSION 1: Tuesday 17th August 1500-1630 SAT, 1600-1730 EAT

| SESSION | Facilitator/ Resource inputs |
|---|------------------------------|
| Brief welcome and week introduction Overview of SDH and wellbeing | Masuma Mamdani, EQUINET |
| Intersectional Lens to Health Inequities, looking at gender, race and class | Shakira Choonara |
| BREAK and networking icebreaker (10 min) | Shakira Choonara |
| Emerging commercial determinants of health and the reality in the region | Sue Godt |
| Session-de-brief, closing and goodbyes | Peter Binyaruka and all |

SESSION 2: Thursday 19th August 1500-1630 SAT, 1600-1730 EAT

| SESSION | Facilitator/ Resource inputs |
|--|--------------------------------|
| Brief welcome Co-financing to address SDH | Peter Binyaruka, IHI/EQUINET |
| 3 group reflective Sessions: Identifying areas for individual and collective advocacy to address the structural determinants of health | Peter Binyaruka + Participants |

| SESSION | Facilitator/ Resource inputs |
|--|--|
| 1. Urban wellbeing: a focus on young people. 2. Intersectional challenges, gender, race, class. 3. Financing and PPPs – equity implications/ implications of data and ownership. (Questions will be introduced by the facilitators) | Masuma Mamdani Shakira Choonara Sue Godt |
| BREAK (5 min) | |
| Plenary feedback: areas for individual and collective advocacy to address the structural determinants of health Issues for further work and advocacy from Week 3 and conclusion | Shakira Choonara + All |

WEEK 4: Health Systems and Comprehensive Primary Health Care

Convenors: Melanie Alperstein, PHMSA and Louis Reynolds, PHMSA /Paediatrics and Child Health Advocacy Committee, UCT

Aims: With Vera Scott, UWC/PHMSA and Denis Bukenya PHMUGanda/ CEHURD, we aim for participants to gain a critical understanding of the issues in strengthening universal equitable health systems underpinned by a Comprehensive Primary Health Care approach, and its related philosophy for equity and social solidarity and justice. Emphasis is placed on the principles of social participation and Intersectoral Action in Health (IAH) and Health in All Policies (HiAP). We will explore the debates regarding UHC, its goals, status and health equity issues within the relevant SDGs and share experiences of comprehensive PHC responses to COVID-19 and the related challenges.

SESSION 1: Tuesday 31st August 1300-1500 SAT, 1400-1600 EAT

| SESSION | Facilitator/ Resource inputs |
|---|--|
| Brief welcome and introductions Overview of the week 3 session aims, content and process | Melanie Alperstein, PHMSA and all |
| Understanding the issues in strengthening health systems for equity and social justice | Melanie Alperstein Vera Scott, UWC,PHMSA + participants |
| Comprehensive Primary Health Care as an organising strategy for universal health systems Group discussions (4-5) on the PHC system in their country | Melanie Alperstein + participants |
| BREAK (5 min) | |
| Social participation and intersectoral action in health (IAH) and health in all policy (HiAP) – Presentation Group discussion on social participation, IAH and HiAP in participant countries | Louis Reynolds, UCT, PHMSA +participants |
| Conclusion- Summing up and preparation for Session 2 | Melanie Alperstein |

SESSION 2: Thursday 2nd September 1300-1500 SAT, 1400-1600 EAT

| SESSION | Facilitator/ Resource inputs |
|---|---|
| Welcome. UHC goals for health equity: presentation and discussion of case studies. South Africa's approach – the NHI Uganda's approach to UHC | Louis Reynolds, UWC Denis Bukenya, CEHURD |
| Group work: Experiences of comprehensive PHC responses to COVID-19 and challenges | Melanie Alperstein, Denis Bukenya, Louis Reynolds, Tinashe Nanji + participants |
| BREAK (5 min) | |
| Plenary feedback of group discussions | Melanie Alperstein +participants |
| Interactive Quizz on the week content Conclusion- Issues for further work and advocacy from Week 4 and participant drawings of their PHC systems | Melanie Alperstein +participants |

WEEK 5: Power, values, rights, law and reclaiming collective agency

SESSION 1: Wednesday 15th September 1000-1200 SAT, 1100-1300 EAT

Convenor: Peninah Khisa, PHM ESA

Aims: With Eunice Awino Centre for Women Empowerment in Technology (CWE-TECH) /PHM, Ravi Ram, PHM we will discuss the role of power, values, norms and rights in health equity, and build a common understanding of some of the key concepts necessary to develop a gendered perspective

| SESSION | Facilitator/ Resource inputs |
|---|---|
| Welcome and introductions Roles of power, values, norms and rights in health equity | Peninah Khisa, PHM ESA Ravi Ram, PHM |
| Gender Equity and responses: Case study “Spike on sexual and gender-based violence Amidst Covid-19 Pandemic in Kenya Group discussions and plenary feedback <ul style="list-style-type: none"> Gp1: How can we equip girls to hold governments accountable on the delivery of youth- friendly health services? Gp2 How can we help women in ESA understand and manage contraception side effects once they start a method? | Eunice Awino CWE-TECH/PHM + participants |
| BREAK (5 min) | |
| The roles of social power and social activism in health as a way for ‘people-centered’ health systems and ‘a culture of health’, Group discussions and plenary feedback <ul style="list-style-type: none"> Gp 1: How do we bring active participation, informed engagement, in the ‘Integration of health services/systems?’ Gp 2: How do we raise the profile of our community needs and build literacy and social inclusion to strengthen ‘Healthier, more equitable communities’? Gp 3: How do we build shared values in health? | Peninah Khisa + Participants |
| Consolidating the session; key issues for follow up work in the region.and goodbyes | Peninah Khisa |

SESSION 2: Thursday 16th September 1400-1600 SAT, 1500-1700 EAT

Convenor: Moses Mulumba, CEHURD/EQUINET

Aims: With Grace Kenganzi and Nakyeyune Joselyn CEHURD, we will outline how constitutional framings and laws provide for health as rights and equity issues; show how such legal provisions enable equity, and the challenges to their implementation in the ESA countries; and discuss the learning from COVID-19 on the options for and challenges in implementing rights in ‘emergencies’ and in using rights to claim collective agency and solidarity.

| SESSION | Facilitator/ Resource inputs |
|--|--|
| Welcome. Outline of how constitutional framings and laws provide for health rights and the way such legal provisions enable equity, and the challenges to their implementation Brief case study example from Uganda on using legal processes for maternal health rights and discussion | Mulumba Moses, CEHURD/EQUINET + participants |
| BREAK (5 min) | |
| 4 group discussions on the learning from COVID-19 on options for and challenges in implementing rights in ‘emergencies’ and in claiming collective agency and solidarity – questions to be provided in the session Plenary feedback and discussion of areas for activism and engagement using rights based approaches for equity in emergencies | Mulumba Moses + participants |
| Summary of key issues and areas for activism using the law and right to health for health equity, and goodbyes | Mulumba Moses |

WEEK 6: Commodification, privatization in health and reclaiming the role of the state in health and health services Thursday 30th September 1300-1500 SAT, 1400-1600 EAT

Convenors: Denis Joseph Bukenya, PHM

Aims: With Labila Sumaya Musoke, institution, Institute for Social and Economic Rights in Uganda (ISER) /PHM UGA, Lucy Gilson UCT, PHM/ EQUINET, George Jobe, MHEN/ EQUINET and Africa Kiiza SEATINI PHMUGA, we aim to explore and understand the meaning, drivers, modalities and effects of privatisation in health and health systems and the national, regional and global forces that sustain it. We will explore existing actions and processes for social transformation that may reverse this trend and state policies on privatization of healthcare systems.

| SESSION | Facilitation/ input |
|---|---|
| Welcome and introductions Overview of the session | Denis Bukenya, PHM +participants |
| impact of Privatization, commodification of the healthcare system and essential services in pandemic times and reclaiming public health services | Labila Sumaya Musoke, ISER/PHM UGA + participants |
| Meaning and effect of privatization and commercialization of health National and regional forces driving privatization and commercialization of health | Lucy Gilson UCT, PHM/ EQUINET Africa Kiiza SEATINI PHMUGA |
| BREAK (5 min) | |
| Participant experiences on commodification, privatization in health, social activism to reclaim the state- 4 group discussions with guidance introduced in the session Plenary feedback on a one message on the key challenge for health commodification and privatization of health in the region and one message on what type of activism is most needed for reclaiming the state from commodification and privatization of health in the region | Denis Bukenya + participants George Jobe, MHEN/ EQUINET +participants |
| Participant 'survey', conclusion; key issues for follow up work in the region.and goodbyes | Africa Kiiza, Labila Sumaya Musoke, and all |

WEEK 7: Equity in health technology

Convenors: Rangarirai Machedmedze, SEATINI/EQUINET, Leslie London, UCT/EQUINET/PHM

Aims: With Afrika Kiiza, SEATINI Uganda, this session aims to provide participants with advocacy skills acquired from an in depth knowledge and understanding on the WTO and the TRIPs agreement, how intellectual property rights affect the production, availability and affordability of health technologies, medicines and vaccines. It will explore the political economy of local production in the ESA region, the role of south-south and south north cooperation in this and key local, regional and global debates and engagement in health technologies, including in engaging on COVID-19 vaccines

SESSION 1: Tuesday 5th October 1300-1500 SAT, 1400-1600 EAT

| SESSION | Facilitator/ Resource inputs |
|--|--|
| Brief welcome and introductions Overview of The WTO TRIPs Agreement and local production and access to health technologies Developments regarding TRIPs and public health and the WHO global strategy and plan of action on Public health, innovation and intellectual property, | Rangarirai Machedmedze, SEATINI/EQUINET Leslie London, UCT/PHM/EQUINET |
| BREAK (5 min) | |

| SESSION | Facilitator/ Resource inputs |
|---|---|
| Interactive plenary session on The WTO TRIPs Agreement and the impact on local production and access to health technologies | Afrika Kiiza SEATINI Uganda + participants. |
| Conclusion- Summary of the key issues for follow up | Rangarirai Machedmedze |

SESSION 2: Wednesday 6th October 1300-1500 SAT, 1400-1600 EAT

| SESSION | Facilitator/ Resource inputs |
|---|---|
| Welcome. Overview of local, regional and global debates on ensuring access to health technologies Case studies from the ESA region on local production. | Leslie London, UCT/PHM/EQUINET Rangarirai Machedmedze, SEATINI/EQUINET |
| Group work: 4 groups on key issues in progressing local production of essential health technologies in the ESA region <ul style="list-style-type: none"> Group 1: What should ESA countries do to accelerate local production of EHTs? Group 2: What kind of support is needed to ensure local production of EHTs and how should this support be facilitated? Group 3: What areas for follow up, knowledge and activism on local production of EHTs and for linking with EQUINET and PHM Group 4: Which stakeholders should ESA countries engage with to ensure local production and how should this be done? | Linda Shuro, PHM, Rangarirai Machedmedze + participants |
| BREAK (5 min) | |
| Plenary feedback of group discussions | Leslie London + participants |
| Conclusion- Issues for further work and advocacy from Week 7 | Rangarirai Machedmedze |

WEEK 8: Social Participation and Organizing activism for health

Convenors: Tinashe Njanji, Melanie Alperstein, PHM

Aims: With Damaris Kiewiets UWC, Pelagia Nziramwoyo, CFYDDI Uganda/ EQUINET this session aims to build on previous weeks understanding on social participation in health in different sectors and constitutions and how this is relevant to health equity in the region and to explore how emergencies enable / disable social organisation, participation and activism.

SESSION 1: Tuesday 12th October 1300-1500 SAT, 1400-1600 EAT

| SESSION | Facilitator/ Resource inputs |
|---|--|
| Welcome and introductions Overview of week | Tinashe Njanji, PHM |
| Social Participation in health, processes, experiences and benefits | Damaris Kiewiets UWC |
| 4 groups sharing experiences in social participation through health committees, VHTs, CHWs, and activists | Tinashe Nanji + Participants |
| BREAK (5 min) | |
| Plenary report back from groups session and key points for follow up and discussion | Tinashe Nanji, Damaris Kiewiets + Participants |
| Conclusion- Summary of the key issues for follow up | Tinashe Nanji, Damaris Kiewiets |

SESSION 2: Wednesday 14th October 1300-1500 SAT, 1400-1600 EAT

| SESSION | Facilitator/ Resource inputs |
|--|---|
| Welcome and recap from Session 1 | Tinashe Njanji, PHM |
| Activism in the time of emergencies: Organization and social participation in health equity in the emergencies - Uganda experience | Pelagia Nziramwoyo CFYDDI Uganda/EQUINET |

| SESSION | Facilitator/ Resource inputs |
|---|------------------------------------|
| 4 Groups: From your experiences, how do emergencies (COVID. Ebola, other) enable/disable social organization, participation and activism? | Tinashe Nanji + Participants |
| BREAK (5 min) | |
| Plenary feedback of group discussions | Tinashe Nanji + Participants |
| Conclusion- Issues for further work and advocacy from Week 8 | Pelagia Nziramwoyo, Tinashe Njanji |

WEEK 9: Building a movement for health equity: Consortium building, organization and advocacy

Convenors: Nathan Banda, Mavis Koogotsitse, SATUCC/EQUINET; Linda Shuro, Ravi Ram PHM

Aims: With Kitso Phiri Botswana Mine Workers Union and Anneleen De Keukelaere, PHMSA this session aims to discuss and exchange experiences on advocacy work in consortium building, to appreciate and learn from best practices in the region on movement building and develop strategies in countries, regionally and in engaging globally that promote health equity.

SESSION 1: Tuesday 26th October 1000-1200 SAT, 1100-1300 EAT

| SESSION | Facilitator/ Resource inputs |
|--|--|
| Welcome and introductions | Mavis Koogotsitse, SATUCC (EQUINET) |
| Recap of week 8 | Melanie Alperstein, PHM |
| Consortium building, organization and advocacy: 4 groups on <ul style="list-style-type: none"> Success stories to share on building health movements Challenges faced in building a health movement | Nathan Banda ZCTU/EQUINET, Linda Shuro, PHM + participants |
| Plenary feedback and issues for further discussion | |
| BREAK (5 min) | |
| Presentation on building health movements | Kitso Phiri Botswana Mine Workers Union |
| Moving forward - virtual polling on: <ul style="list-style-type: none"> Top 5 issues participants would like to work on. Which issues EQUINET or PHM are already working on and which of the issues EQUINET and PHM need to work on jointly and to involve other organisations in the movement Summary of priority areas of work raised for participants to discuss with their organisations before session 2 | Mavis Koogotsitse, SATUCC |

SESSION 2: Thursday 28th October 1000-1200 SAT, 1100-1300 EAT

| SESSION | Facilitator/ Resource inputs |
|--|---|
| Welcome and recap from Session 1 | Nathan Banda ZCTU/EQUINET |
| Feedback from discussion with organisations on areas of interest. | |
| Case studies on engaging locally to regionally and globally on social determinants of health equity | |
| SATUCC | Mavis Koogotsitse, SATUCC |
| C19 Coalition -Health Working Group | Anneleen De Keukelaere, PHMSA |
| Drawing from the case study experiences 2 group discussions on key points to consider / act on when building a social movement for health and plenary feedback | Mavis Koogotsitse, Anneleen De Keukelaere, Linda Shuro + participants |
| BREAK (5 min) | |
| Strengthening the regional movement for health equity- 4-5 groups on the follow up work for the prioritised areas identified in Session 1 and plenary feedback | Linda Shuro, Nathan Banda |
| Conclusion- Issues for further work and advocacy from Week 9 | Ravi Ram + participants |

WEEK 10: Recap, future steps and evaluation

Convenors: Rene Loewenson, Barbara Kaim, EQUINET; Melanie Alperstein, Denis Bukenya, PHM

Aims: In this week we will recap what we have covered in the course, and discuss and present what we see as key areas of follow up work (drawing on issues and discussions from the prior weeks) both for how participants will use the course in their own work and organisations work and regionally with EQUINET, PHM and others. We will also evaluate the course.

SESSION 1: Tuesday 9th November 1400-1600 SAT, 1500-1700 EAT

| SESSION | Facilitator/ Resource inputs |
|--|---|
| Welcomes and aims of Week 10 session 1 Recap of key issues from prior sessions weeks 1-10, relevance to equity and also implications of COVID-19 Participant reflections on issues / learning from the sessions Summary of what this means for understanding of health equity | Denis Bukenya, PHM Rene Loewenson, TARSC/EQUINET, Melanie Alperstein, PHM, Barbara Kaim, TARSC,EQUINET + participants |
| Recap of possible key areas of focus / issues for follow up action on health equity, drawing from the concluding sessions in WEEK 9, and their relevance to equity and implications of COVID | Denis Bukenya, Rene Loewenson, Peninah Khisa PHMESA + participants |
| Feedback from participant organisations | Barbara Kaim, Elroy Paulus, PHM |
| BREAK (5 min) | |
| 4-5 thematic/ issue groups on follow up work /engagement and actions relevant to participant clusters and for EQUINET, PHM | Participants |
| Plenary feedback and discussion of proposed aims, actions and links from 2 groups | Participants with EQUINET, PHM |
| Summary of what will be covered in session 2 and and questions for discussion with participant organisations before session 2 | Denis Bukenya |

SESSION 2: Thursday 11th November 1400-1530 SAT, 1500-1630 EAT

| SESSION | Facilitator/ Resource inputs |
|---|--|
| Welcome, session 2 aims and recap from Session 1 | Denis Bukenya, PHM Rene Loewenson, TARSC/EQUINET |
| Plenary feedback and discussion of proposed aims and actions within the different participant clusters and any links across them from the remaining 3 groups from session 1 | Participants with EQUINET, PHM |
| Comment from EQUINET and PHM PG on areas for joint work in the ESA region based on the 5 working group priorities and any other key learning from the RPHU Summary and conclusions on next steps | EQUINET, PHM |
| BREAK (5 min) | |
| Completion of course evaluation form | Ravi Ram, PHM |
| Reflections and evaluation discussion on the course aims, content, process, participation and experience | Barbara Kaim, TARSC/EQUINET, Elroy Paulus, PHM + participants |
| Conclusion, thanks, Closing of the RPHU and goodbyes | Rene Loewenson, EQUINET, Peninah Khisa, PHM ESA + participants |