## a RIGHTS-BASED APPROACH for ADVOCACY on ACCESS ao ESSENTIAL MEDICINES

Christa Cepuch BSc Phm Health Action International (HAI) Africa



Africa Regional CS meeting IGWG on Public Health, Innovation and Access Nairobi, 28 – 29 August 2007



#### OUTLINE

essential medicines (EMs) defined

- barriers to access: R&D, patents and prices
- rights-based advocacy: access to medicines is a human right
- conclusions

#### **ESSENTIAL MEDICINES DEFINED**

"Essential medicines [**EMs**] are those that satisfy the priority health care needs of the population. They are selected with due regard to public health relevance, evidence on efficacy and safety, and comparative cost-effectiveness.

Essential medicines are intended to be available within the context of functioning health systems at all times in adequate amounts, in the appropriate dosage forms, with assured quality and adequate information, and at a price the individual and the community can afford....



#### **EMs DEFINED - 2**

... The implementation of the concept of essential medicines is intended to be flexible and adaptable to many different situations; exactly which medicines are regarded as essential remains a national responsibility."

www.who.int/medicines

#### **BARRIERS TO ACCESS**

quality of diagnosis
accurate prescribing
selection, distribution, distribution, dispensing of medicines
medicine quality

- health system capacity
- health budgets
- lack of research and development
- price
- patents

#### HUMAN RIGHTS – PRINCIPLES

- HRs concern the relation between state and the individual
- HRs lead to state obligations and individual entitlements
- All HR are interdependent and interrelated. Health is a fundamental HR, indispensable for the realization of other HR
- Freedom from discrimination underpins all HR

WHO Constitution (1946): the first expression of the right to health

"Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity. The enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition..."

Universal Declaration of Human Rights (1948): promotion of HR is a principle purpose of the UN

Art 25.1 "Everyone has the right to a standard of living adequate for the health of himself and of his family, including food, clothing, housing and medical care and necessary social services..."

#### The right to health is also recognized in:

- 1961 European Social Charter
- 1966 International Covenant on Economics, Social and Cultural Rights
- 1978 Alma Ata Declaration ("health for all")
- 1981 African Charter on Human and People's Rights
- 1988 additional protocol to the American Convention on HRs in the Areas of Economic, Social and Cultural Rights
- 1989 Convention on the Rights of the Child

ICESCR (1966): ratified by 147 countries Art 12: "right of everyone to the enjoyment of the highest attainable standard of physical and mental health"

# Art 12.2: "steps to be taken by State Parties to achieve:

a. maternal, child and reproductive health
b. health natural and workplace environments
c. prevention, treatment and control of disease
d. health facilities, good and services"

Committee on Economic, Social and Cultural Rights Gen Comment 14 (2000)

Art 12.2.C: Right to prevention, treatment and control of diseases includes creation of a system of urgent medical care in case of accidents, epidemics; and disaster relief and humanitarian assistance

Art 12.2.d: Right to health facilities, good and services includes appropriate treatment of prevalent diseases, preferably at community level; and the provision of essential drugs as defined by the WHO Action Program on Essential Drugs

#### Committee on ESCR Gen Comment 14 (2000) "Violations"

- 1. Adoption of retrogressive measures
- 2. Failure to take all steps to ensure the right to health; eg.
- Failure to adopt or implement a national health policy designed to ensure the right to health for anyone
- Insufficient expenditure or misallocation of public resources
- Failure to monitor realization of the right to health in the country
- Failure to take measure s to reduce inequitable distribution of health facilities, good and services

### HAS THE RIGHT TO ACCESS EMs BEEN REALIZED?

- 1/3 of the world's population lacks access to essential medicines --- in the poorest parts of Africa and Asia only 1/2 have access
- treatable infectious diseases kill 14 million people yearly; 90% are in developing countries
- Kenya: access to all essential medicines? For HIV, TB and malaria specifically?
  - → Improving but not universal
  - → Note HIV and AIDS Prevention and Control Act 2006 re: medicines treatment
  - continued assault on IP Act / generic procurements

**OVERCOMING BARRIERS TO ACCESS: rights approach** 

Human Rights Approach

- Campaign for constitutional provisions for the Right to Health
- Campaign for national redress mechanisms
- Support court cases targeted on Health and Human Rights

#### CONCLUSIONS

- Access to medicines is an issue that needs a balance between political will and public involvement / civil society demand
- Civil society can demand their rights are realized through campaigns such as:
  - Implement the WTO rules that were designed to protect peoples' access to essential medicines!
  - Stop the assaults on procurements of generics!
  - Increase availability of essential medicines!
  - R&D for the medicines we need!
  - No taxes on essential medicines!
  - FREE ESSENTIAL MEDICINES is the only affordable option for most of the populations!

asanteni sana merci beaucoup thank you

#### references / acknowledgements:

www.who.int

AEM as part of the fulfillment of the Right to Health HV Hogerzeil, WHO (28 Sept 2006)

- www.accessmed-msf.org
- www.haiafrica.org

contacts: christa@haiafrica.org

